

Elena Patrice – Short Media Bio

Elena Patrice

*Founder, **One Parent Wonder***

Single Parent Coach & Mentor

Media & Speaking

SHORT BIO:

Elena Patrice is the founder of *One Parent Wonder* and a Single Parent Coach and Mentor who helps parents heal what broke, rebuild emotionally, and break generational patterns—so their children don't carry the past forward.

A solo parent for nineteen years, Elena raised her daughter entirely on her own and understands firsthand the emotional, financial, and identity challenges of single parenting. Through coaching, content, and media, she supports parents in moving from survival mode into emotional stability, self-trust, and grounded personal growth.

Elena is available for media interviews, podcasts, and speaking engagements on single parenting, resilience, and identity.

Be a Great Parent. Raise a Great Child.

Media Inquiries:

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Social Media:

Instagram: <https://www.instagram.com/oneparentwonder/>

Facebook: <https://www.facebook.com/RealOneParentWonder/>

LinkedIn (Personal): <https://www.linkedin.com/in/elenapatrice/>

LinkedIn (Company): <https://www.linkedin.com/company/one-parent-wonder/>